

SPIKED LEMONADE

Prep time: 5 minutes / Cook time: N/A / Skill level: Easy

INGREDIENTS:

- 6 lemons juiced
- 1 lemon sliced
- ½ teaspoon liquid Stevia
- 1 litre sparkling water
- 6 ounces vodka
- 6 cups ice cubes

EQUIPMENT NEEDED:

Measuring cups and spoons, a pitcher, lemon squeezer, wooden spoon, knife and a cutting board.

METHOD:

Combine all ingredients in a large pitcher, stir thoroughly and enjoy.



Per glass with 1oz vodka: | 81 calories | 0.1 g fat | 3.8 g carb | 0.2 g protein



QUICK TIPS

Always juice fresh lemons as pre-bought lemon juice doesn't taste the same!

Omit the vodka for a virgin lemonade.