

Fall/Winter Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Swim 12:00am- 9:15am	Open Swim 12:00am- 9:15am	Open Swim 12:00am- 9:15am	Open Swim 12:00am- 10:15am	Open Swim 12:00am- 9:15am	Open Swim 12:00am- 9:30am	Open Swim 12:00am- 9:00am
Aqua Fit 9:15am- 10:15am	Aqua Fit 9:15am- 10:15am	Aqua Fit 9:15am- 10:15am		Aqua Fit 9:15am- 10:15am		
Open Swim 10:15am - 4:00pm	Open Swim 10:15am - 4:00pm	Open Swim 10:15am - 4:00pm	Open Swim 10:15am - 4:00pm	Open Swim 10:15am - 5:00pm	Swim Lessons 9:30am- 1:30pm	Swim Lessons 9:00am- 1:00pm
					Open Swim 1:30pm – 12:00am	Open Swim 1:00pm- 3:00pm
Swim Lessons 4:00pm- 7:30pm	Swim Lessons 4:00pm- 7:30pm	Swim Lessons 4:00pm- 7:30pm	Swim Lessons 4:00pm- 7:30pm	Family Swim 5:00pm- 7:00pm		Family Swim 3:00pm- 5:00pm
Open Swim 7:30pm- 12:00am	Open Swim 7:30pm- 12:00am	Open Swim 7:30 pm- 12:00am	Open Swim 7:30pm- 12:00am	Open Swim 7:30pm- 12:00am		Open Swim 5:00pm – 12:00am

Please Note:

- * Children under 12 years of age are not permitted in the hot tub at any time.
- * Bathers under 12 years of age are not allowed within the pool enclosure unless during Family Swim or for Swimming Lessons
- * All bathers must adhere to Ontario Legislation and rinse/wash before entering the pool deck.

Open Swim – All participants welcome (lane-swim preferred).

Swim Lessons – Pool closed for swim lessons.

Aqua Fit – Class participants only until the class has finished entirely.

Family Swim – Lifeguard on duty for families with small children.

***Please note:** Swim Zone has permission to use one lane for swim lessons during the Open Swim times

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